

#1 Assemble goal per assembly instructions and place goal in a flat area.

Download Assembly Guide at kickin-it.com







#2 Set the kicking tee 15 ft. from the center, vertical goal post.

Note: The kick distance may be adjusted for varying ages and skill levels!







- **#3** Find some friends and take turns kicking the ball into the goal! Points System below.
 - If you kick the ball into the center net, you earn a TOUCHDOWN! (7 points)
 - If you kick the ball into the outer net or over the goal within the uprights, you earn a FIELD GOAL! (3 points)
 - Take turns until one of the players scores 30 points to win the game. Each player must complete their turn for each round started.